REST

Verse 1

I see it clear now
You're all around me
In every little thing
Where can I go now
To flee Your presence
There's nowhere You won't be

PreChorus

To hear Your voice
To call You friend
To know Your thoughts
How rare how beautiful
You're with me here
I feel You breathing
You're closer than I thought was possible

Chorus

So I'll rest right here with You So I'll rest right here with You

Verse 2

Breathtaking wonder
In every color
You're showing off to me
You come like thunder
Then a gentle whisper
You're found in everything

Bridge

(I'm) seen I'm known I'm loved By my Father (REPEAT)

By my Father Oh God my Father

COME AS YOU ARE

Verse 1

Come out of sadness from wherever you've been
Come broken-hearted let rescue begin
Come find your mercy O sinner come kneel
Earth has no sorrow that Heaven can't heal
Earth has no sorrow that Heaven can't heal

Chorus

(So) Lay down your burdens lay down your shame
All who are broken lift up your face
O wanderer come home
You're not too far
So lay down your hurt lay down your heart
Come as you are

Verse 2

There's hope for the hopeless
And all those who've strayed
Come sit at the table come taste the grace
There's rest for the weary
Rest that endures
Earth has no sorrow that Heaven can't cure

Bridge

Come as you are Fall in His arms Come as you are

Verse 3

There's joy for the morning O sinner be still Earth has no sorrow that Heaven can't heal Earth has no sorrow that Heaven can't heal

Ending

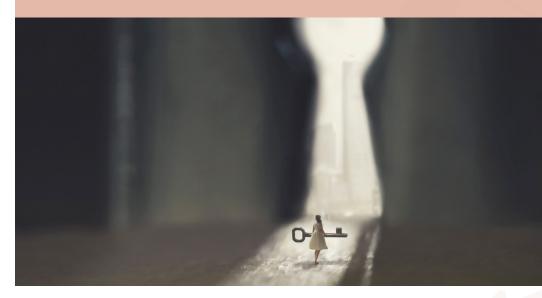
Come as you are Come as you are Come as you are

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FREEDOM IN THE LIGHT

FEBRUARY 2023 GATHERING NOTES



CAVE OF PLATO

We are naturally drawn to stay in our comfort zone, but God designed us to come out.

"The world offers you comfort, but you were not made for comfort. You were made for greatness." Pope Benedict XVI

"Beloved: Bear your share of hardship for the gospel with the strength that comes from God. He saved us and called us to a holy life." 2

Timothy 1:8-9 (from 2 nd Reading 03/05/23)

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CAVE OF IGNATIUS

St. Ignatius detached from the world within a cave and wrote Rules for Discernment. He invites us to detach and honor ourselves as a temple of God. (Resource: Dopamine Nation by Dr. Anna Lembke. Full Teaching on Ignatian Rules for Discernment can be found on the July 2022 "The Search for God's Will" on the Building Through Him podcast.)

"What good is it for someone to gain the whole world, yet forfeit their soul?" Mark 8:36

Agere contra ~ Act against, do against

"God freely created us so that we might know, love, and serve Him in this life and be happy with Him forever. God's purpose in creating us is to draw forth from us a response of love and service here on earth, so that we may attain our goal of everlasting happiness with Him in heaven. All the things in this world are gifts of God, created for us, to be the means by which we can come to know Him better, love Him more surely, and serve Him more faithfully. As a result, we ought to appreciate and use these gifts of God insofar as they help us toward our goal of loving service and union with God. But insofar as any created things hinder our progress toward our goal, we ought to let them go." St. Ignatius of Loyola

"Do you not know that you are the temple of God, and that the Spirit of God dwells in you? . . . the temple of God, which you are, is holy." 1

Corinthians 3:16-17 (from the 2nd Reading 2/19/23)

CAVE OF BETHLEHEM

Jesus was born to die ~ for love of us. He comes to love us, and to be loved by us, even in our sin and misery. (Resource: Catholic Tales for Boys and Girls by Caryll Houselander)

"For Christ, while we were still helpless, died at the appointed time for the ungodly. Indeed, only with difficulty does one die for a just person, though perhaps for a good person one might even find courage to die. But God proves His love for us in that while we were still sinners Christ died for us."

Romans 5: 6-8 (from 2 nd Reading 03/12/23)

Jesus, tired from His journey, sat down there at the well. . . . A woman of Samaria came to draw water. Jesus said to her, "Give me a drink." . . . The Samaritan woman said to Him, "How can you, a Jew, ask me, a Samaritan woman, for a drink?" —For Jews use nothing in common with Samaritans.—

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked Him and He would have given you living water." The woman said to Him, "Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water?"... Jesus answered and said to her, "Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst: the water I shall give will become in him a spring of water welling up to eternal life." The woman said to Him, "Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water." Jesus said to her. "Go call your husband and come back." The woman answered and said to Him, "I do not have a husband." Jesus answered her, "You are right in saying, 'I do not have a husband.' For you have had five husbands, and the one you have now is not your husband. What you have said is true." . . . The woman said to him, "I know that the Messiah is coming, the one called the Christ; when He comes, He will tell us everything." Jesus said to her, "I am He, the One speaking with you." John 4:5-32 (from the Gospel 03/12/23)

Colloquy ~ "Speaking as one friend speaks with another, or a servant with a master, at times asking for some favor, at other times accusing oneself of something badly done, or telling the other about one's concerns and asking for advice about them." St. Ignatius of Loyola

TAKEAWAY NOTES

The dates of all Gatherings at all Host Parishes can be found on our website.

www.BuildingThroughHim.com

PARISH INFORMATION



